



VINAYAKA MISSION'S
ANNAPOORANA
COLLEGE OF NURSING



VINAYAKA MISSION'S
RESEARCH FOUNDATION
Deemed to be University under section 3 of the UGC Act 1956

**ALUMNI ASSOCIATION,
VINAYAKA MISSION'S ANNAPOORANA COLLEGE OF
NURSING, SALEM**

Registered under The Tamilnadu Societies Registration Act, 1975
(Tamilnadu Act 27 of 1975)

ALUMNI NEWSLETTER-2020 - 2021



**SALUTE TO ALL NURSES AND
THEIR HARDWORK**



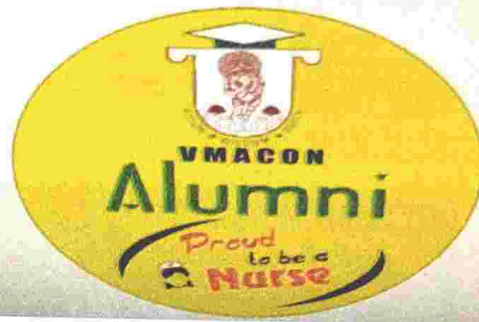
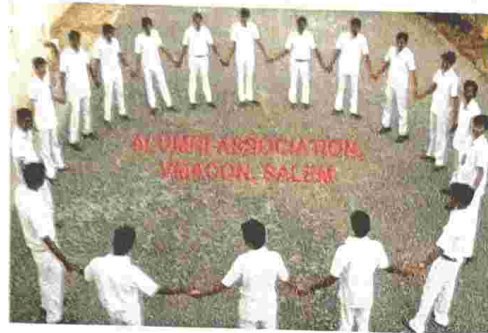
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News letter-2020 -2021

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*A tribute to our corona warriors during
Covid -19 pandemic days*

Nurses are at the forefront of promoting health, advocating for patients, and advancing the science of care. The World Health Organization designated the year 2020 as the Year of the Nurse and the Midwife.



Professional nurses historically bring compassionate competent care to disaster response but are challenged to provide care when the nature of their work puts them at increased risk.

VMACON ALUMNI ASSOCIATION – NEWS LETTER, 2020

K. Manjusha

An outlook of VMACON alumni association during annual alumni meet -2020;

- ✚ "Annual Alumni Meet - 2020" was conducted on 15.08.2020. Alumni News Letter – 20120 was released.
- ✚ General body meeting was held for discussing about the association activities.
- ✚ Opinions and suggestions of alumni members were asked and their suggestions have been discussed.
- ✚ Alumni executive committee meeting was also held to discuss about the future activities of association.



MIRROR OF VMACON

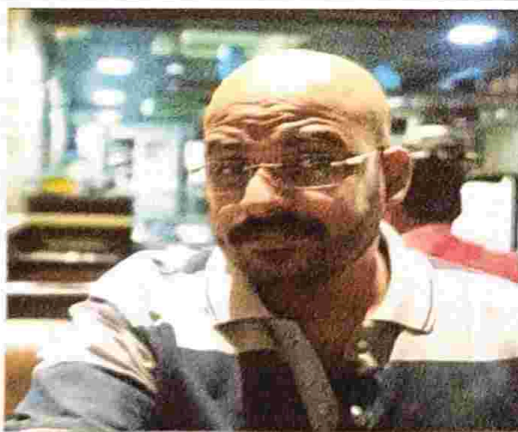
Our top Alumni Achievers - 2020



Mr. Nilesh Vincent (2006-2010 B.Sc. Nursing Batch-17th Batch) promoted as Assistant Nursing Director, Bushmount Nursing Home, Clonakilty, Co. Cork, Ireland.



Mrs. Anjana A.N (2006-2010 B.Sc. Nursing Batch-17th Batch) promoted as Clinical nurse manager, Bushmount Nursing Home, Clonakilty,



Mr. Hari Krishnan (2006-2010 B.Sc. Nursing Batch- 17th Batch) promoted as Nursing officer, AIIMS, Bhopal, India.

ALUMNI EXECUTIVE COMMITTEE - 2020

Sl. No	Name of the post	Committee members	Mobile No.& E.mail ID
01.	President	Prof.Dr.K.Maheswari , Principal, Vinayaka Mission's Annapoorana College of Nursing, Salem.	6369300891 maheshsenthil@yahoo.com
02.	Vice President	Dr.Walter Jaisingh, Chairman, Mount Shepherd group of institutions, Bangalore.	9900280118 mountshepherd18@gmail.com
03.	General Secretary	Dr. M. Sumathi, Associate Professor, Vinayaka Mission's Annapoorana College of Nursing, Salem.	9443566769 sumathisiddharth@gmail.com
04.	Joint Secretary	Mr. Roby Varghese, Clinical Manager, Care Manager, Arcare Aged Care, Victoria, Australia.	64221034178 robbyachu@gmail.com
05.	Treasurer	Mr. A. Prabhakaran, Lecturer, Vinayaka Mission's Annapoorana College of Nursing, Salem.	9043433402 prabhakaranyellow5@gmail.com
06.	Joint Treasurer	Mrs.S.Shanmuga Priya, Principal, SPC College of Nursing, Salem.	9894332201 shanmugapriyasuresh1979@gmail.com
07.	Programme Committee Chair person	Mrs. K. Vijayalakshmi, Vice Principal, Siva Parvathi Manradiyar College of Nursing, Komarapalayam.	9865567174 rishiyazhu2010@gmail.com
08.	Educational Programme Committee Chair person	Dr.S.Lakshmi Prabha, Associate Professor, Vinayaka Mission's Annapoorana College of Nursing, Salem.	8778674114 lakshmiprabha1978@gmail.com

OUR ALUMNI ACHIEVERS-2020

Year	Name of the Alumni	Year & Batch	Award	Awarded by
2020	Dr.S.Lakshmi prabha	2003-2005 M.Sc Nursing (2 nd batch)	Best HOD of the year 2020	Institute of Scholars and INSC
2020	Mrs U.Palaniyammal	2008-2010 M.Sc Nursing (7 th batch)	Best researcher Award	IRDP group of journals

Dr.S.Lakshmi prabha (2003-2005

M.Sc Nursing (2nd batch)) – “Best HOD of the year 2020”



Mrs U.Palaniyammal (2008-2010

M.Sc Nursing 7th Batch) – ‘Best researcher Award’



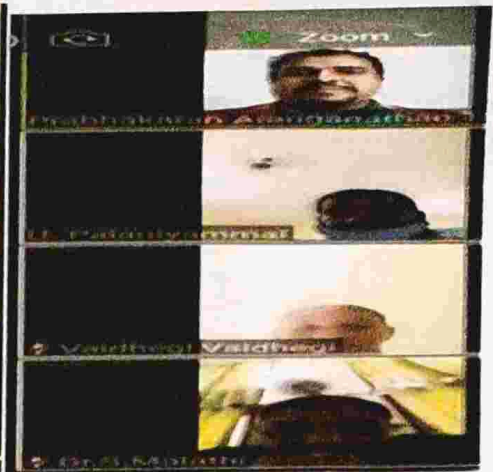
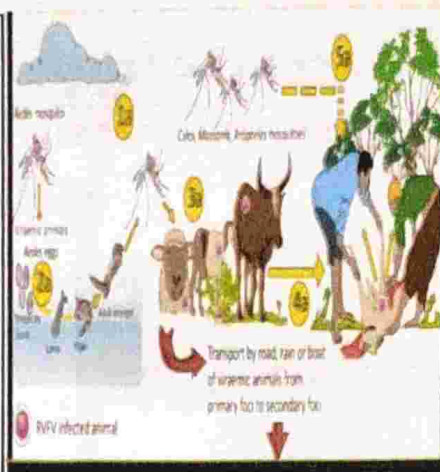
**We are proud
to say we are
alumni of
VMACON**

VMACON ALUMNI ASSOCIATION – NEWS LETTER, 2020

Journal club presentation

27.07.2020

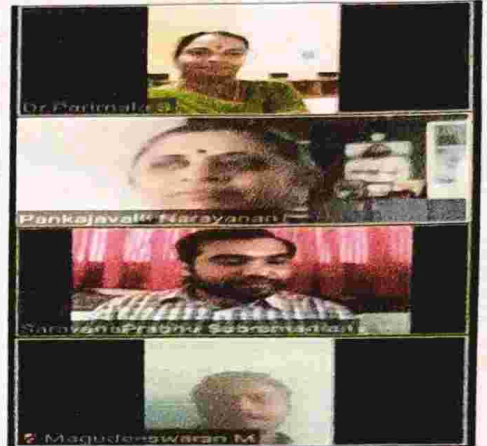
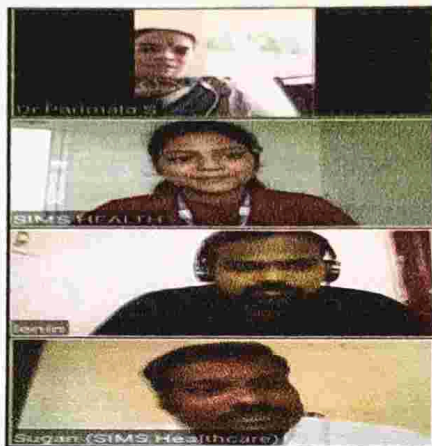
Department of Community Health Nursing organised an online journal club presentation on "Rift Valley Fever" by Mr. A.Prabhakaran, M.Sc. (N), Tutor, Department of Community Health Nursing, VMACON, Salem.



Placement activities-

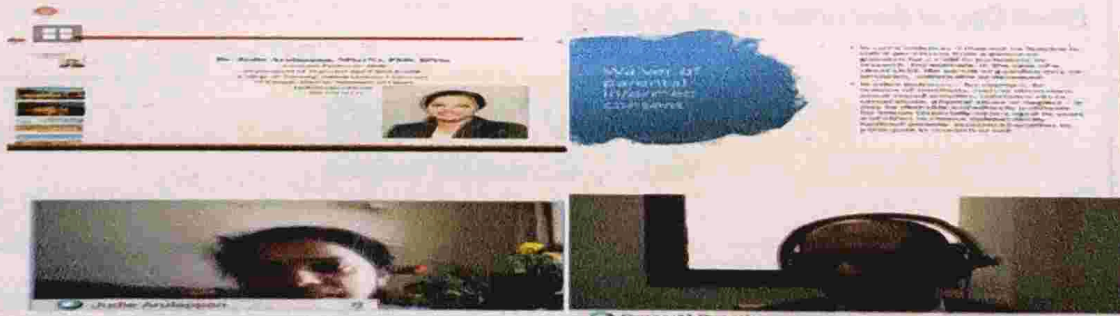
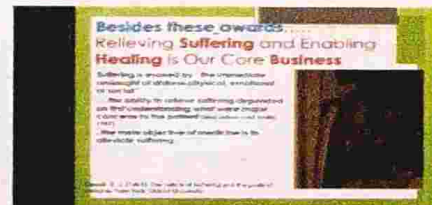
03.07.2020:

Placement committee organized a webinar for IV - year B.Sc. Nursing students on 03.07.2020 through zoom. Mr.Saravana Prabhu Subramaniam, B.E(C.S), M.Sc. (Software System), Art of Living Institution & Youth programs Coordinator, Tamilnadu & Puducherry delivered speech regarding "Secrets to Cracking Interview".



International Webinar Series on Ethical Issues and Challenges in Nursing Practice (20.07.2020 to 27.07.2020)

Dr Munikumar Ramasamy Venkatasalu, Dr.Santhi Muttipoll Dharmarajlu, Dr. Rajinikanth Maruthu, : Dr. Omar. AL. Omari, Dr. Jeetender Singh, Dr.Judie Arulappan., Dr.Farzana Begum were the resource persons.



VMACON ALUMNI ASSOCIATION - NEWS LETTER, 2020

Mirror always reflects the truth.....

WORLD BREAST FEEDING WEEK – 2020 (01.08.2020 to 07.08.2020)



Department of Obstetrics and Gynaecological Nursing, Vinayaka Mission's Annapoorani College of Nursing, Salem, Organised online competition on Pamphlet preparation, Slogan and Essay Writing on the eve of "World Breast Feeding Week"

World heart day-2020



Department of Medical Surgical Nursing organized an awareness campaign through individual education regarding preventive care of CVD during COVID-19 to the Public in lieu of World Heart Day at their home on 29.09.2020

Use heart to beat CVD

VMACON ALUMNI ASSOCIATION – NEWS LETTER, 2020

MIRROR OF VMACON REFLECTS.....

WORLD ALZHEIMER'S DAY-21.09.2020

Department of Psychiatric Nursing organized an awareness campaign through individual education regarding preventive care of Dementia during COVID-19 to elderly people in lieu of World Alzheimer's day at their home. Around 25 student volunteers and two faculty members participated in this programme.



CAREER GUIDANCE PROGRAMME- 2020



Career Guidance on British Council IELTS online webinar was organized on 07.09.2020. The Guest Speaker was Ms. Lavanya Alagarsamy, Manager, Business Development, BC Examinations and English Services India Private Limited, South India.

OUR COLLEGE guides the professional pathway of young budding nurses to choose the correct jobs.....

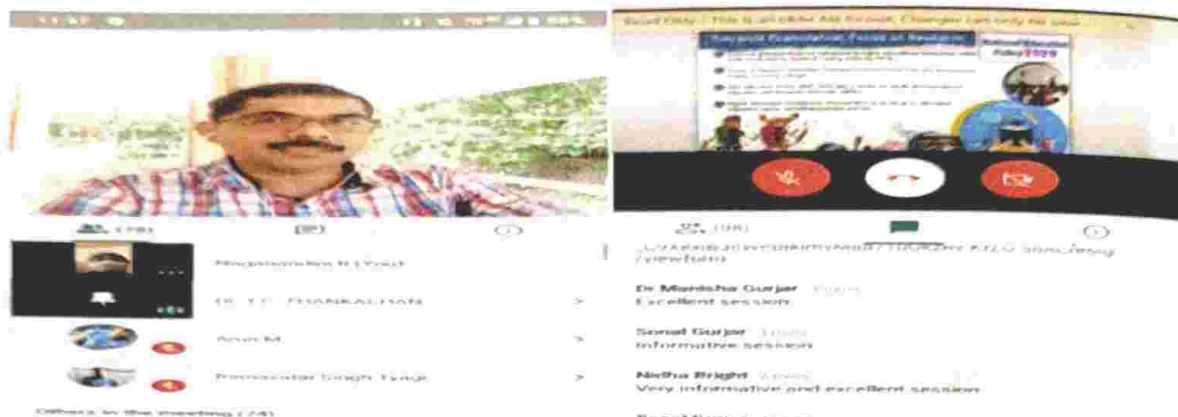
Placement opportunities

VMACON ALUMNI ASSOCIATION - NEWS LETTER, 2020

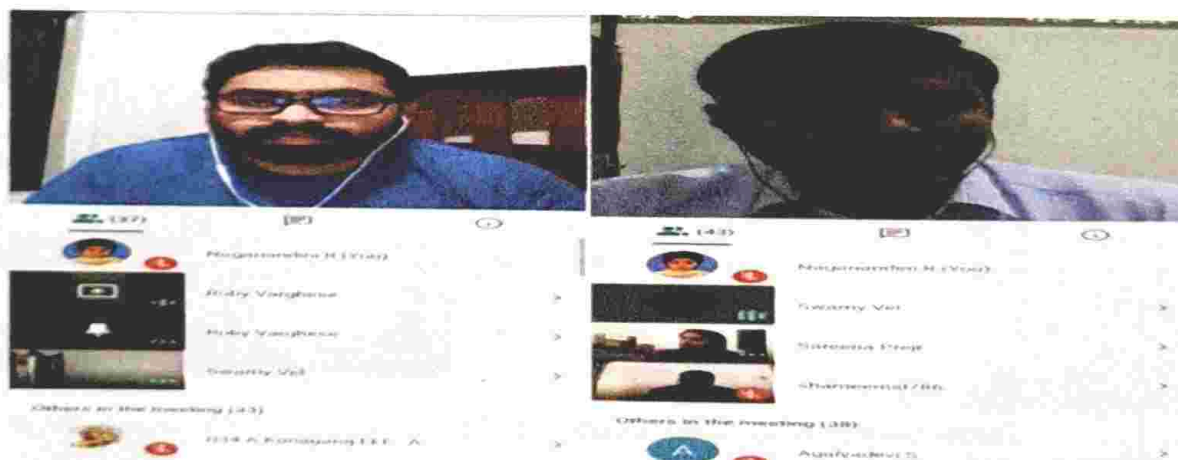
MIRROR OF VMACON REFLECTS.....

Teacher's Day Celebration (05.09.2020)

On the eve of teachers day garlanding to the portrait of Dr. S. Radhakrishnan by the principal. Speech about Teacher's day was given by the students through the online. Students expressed their gratitude and appreciation to the teachers on this day. National Educational Policy 2020: Highlights & Challenges was dealt by Dr. T. C. Thankachan, Associate Professor, St. Thomas College of Teacher Education, Pala, Kottayam, Kerala.



INTERNATIONAL WEB CONFERENCE - 05.09.2020

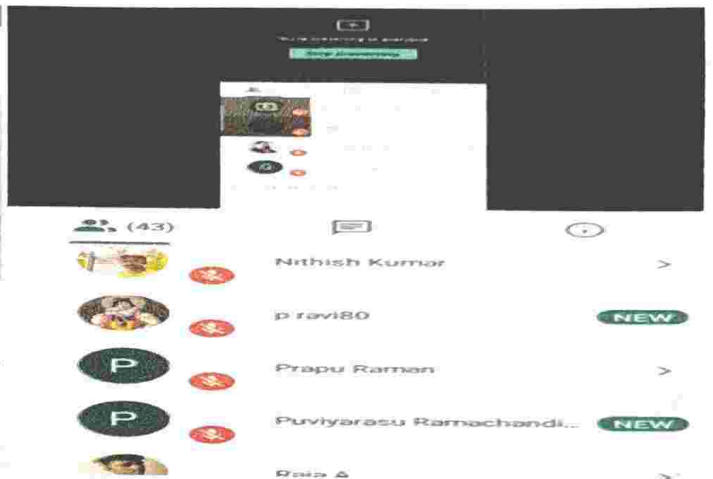
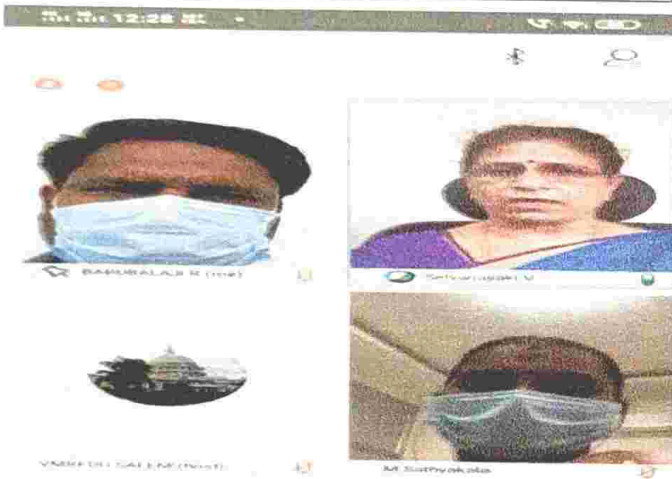


Student Nurses Association (SNA) have organised an Online platform through Google Meet regarding Qualities of Best Teacher. Our VMACON Alumni association members Ms. Sareena Meera Mathew, Charge Nurse: Infection control, Tawam Hospital, Alain: UAE. Mr. Swamyvel Sethuraman, Graduate Registered Nurse, Hamad Psychiatric Hospital, Qatar. Mr. Shameem Shahabdeen, Registered Nurse Saudi German Hospital, Al Barsha, Dubai. Mr. Roby Varghese, Care Manager, Arcare Aged Care, Victoria, Australia have participated in the programme.

VMACON ALUMNI ASSOCIATION-NEWS LETTER 2020

MIRROR OF VMACON REFLECTS.....

Inauguration Ceremony-2020



Vinayaka Mission's Annapoorana College of Nursing, Salem, conducted Inauguration of 1 - year B.Sc.(N) and DGNM course (2020-2021 Batch) on 28.09.2020 in VMACON Auditorium, Salem. The Principal Prof.Dr.V.Selvanayaki, Vinayaka Mission's Annapoorana College of Nursing, Salem, lighted the ceremonial lamp which was followed by the recital of Pooja and prayer.

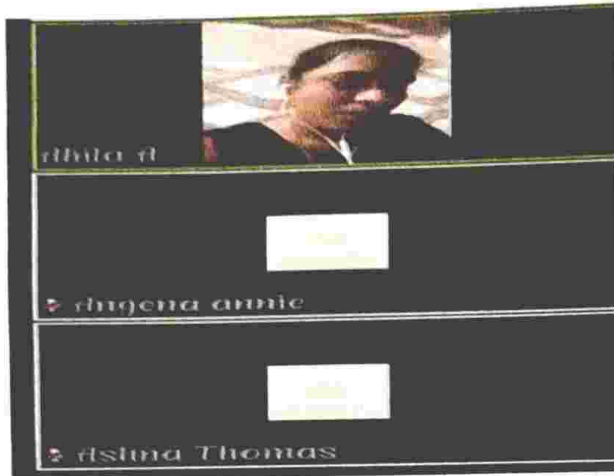
Freshers entered into the doorsteps of VMACON with colorful dreams and various goals;

VMACON ALUMNI ASSOCIATION-NEWS LETTER 2020

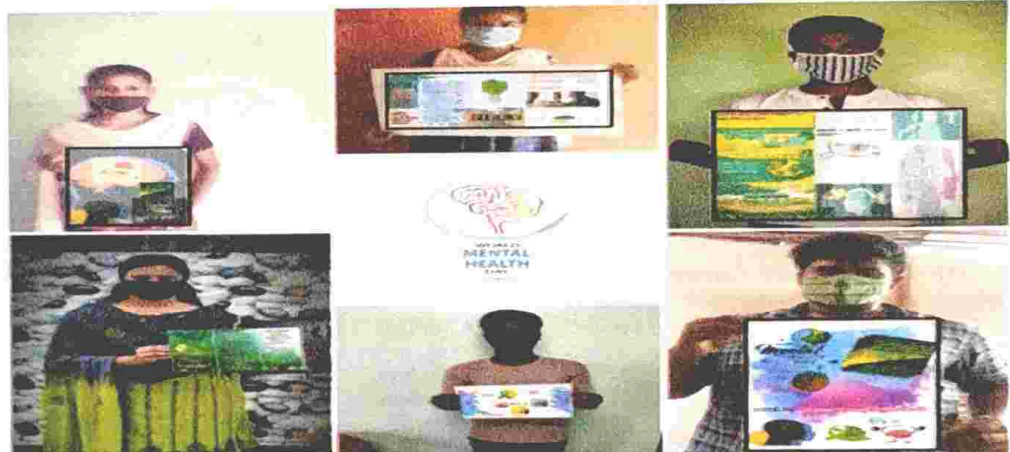
MIRROR OF VMACON REFLECTS.....

National Voluntary Blood Donation Day: 01.09.2020

Red Ribbon Club (RRC) Volunteers of VMACON, Salem, celebrated "Blood Donation day" 01.09.2020 through online mode (zoom online) regarding Blood Types and Methods of donating blood. Mr. Jagadhesh Raja, HIV counselor (Government Mohan Kumaramangalam Medical College & Hospital, Salem) has given a lecture about their functions. Through this online lecture students acquired knowledge regarding Prevention of HIV infection.



WORLD MENTAL HEALTH DAY-2020

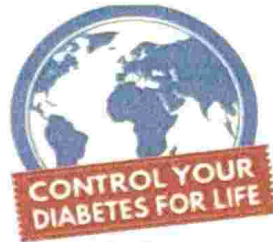
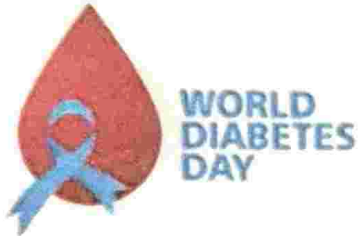


Department of Psychiatric Nursing conducted e - poster competition for students in lieu of World Mental Health Day based on the theme. Around 60 nursing students participated in this competition on 10.10.2020.

**"Mental Health for All:
Greater Investment -
Greater Access"**

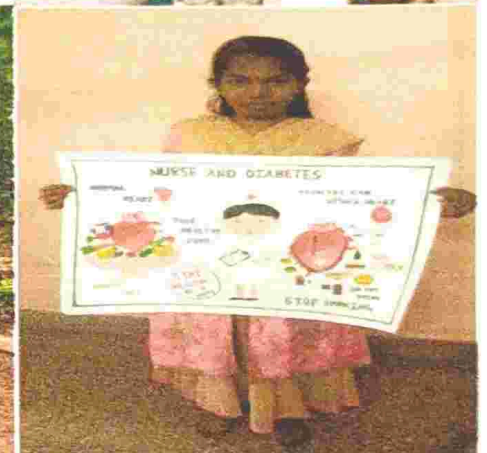
MIRROR OF VMACON REFLECTS.....

WORLD DIABETIC DAY-2020



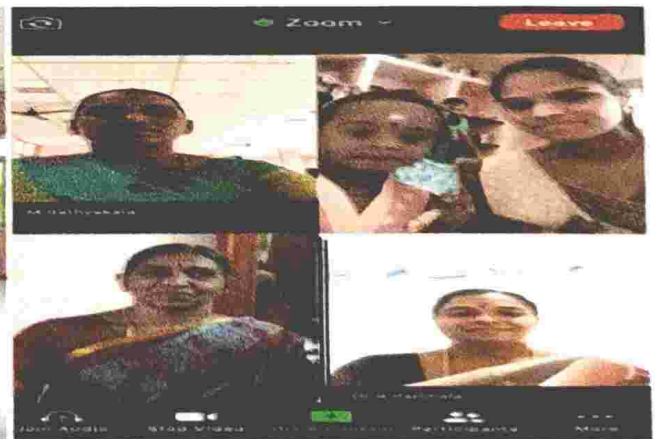
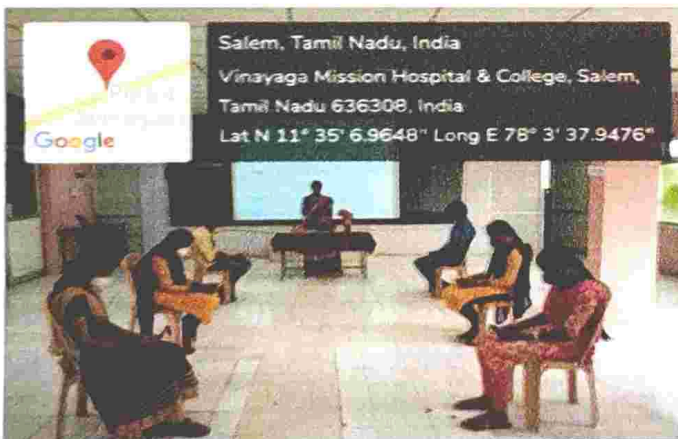
WORLD DIABETES DAY

You can live with diabetes. It's not the worst thing to have, but you have to manage yourself and have some self-control.



Department of Medical Surgical Nursing conducted E-Quiz and E-poster competition for students in lieu of "World Diabetic Day" based on the theme "The Nurse and Diabetes" on 13.11.2020. Around 90 nursing students participated in this competition.

NATIONAL NEONATAL WEEK – 2020



Department of Child Health Nursing and Obstetrics & Gynaecological Nursing, were organized a Debate regarding "Breast Feeding Vs Bottle Feeding" on 12.11.2020 on the eve of "National Neonatal Week".

VMACON ALUMNI ASSOCIATION-NEWS LETTER 2020

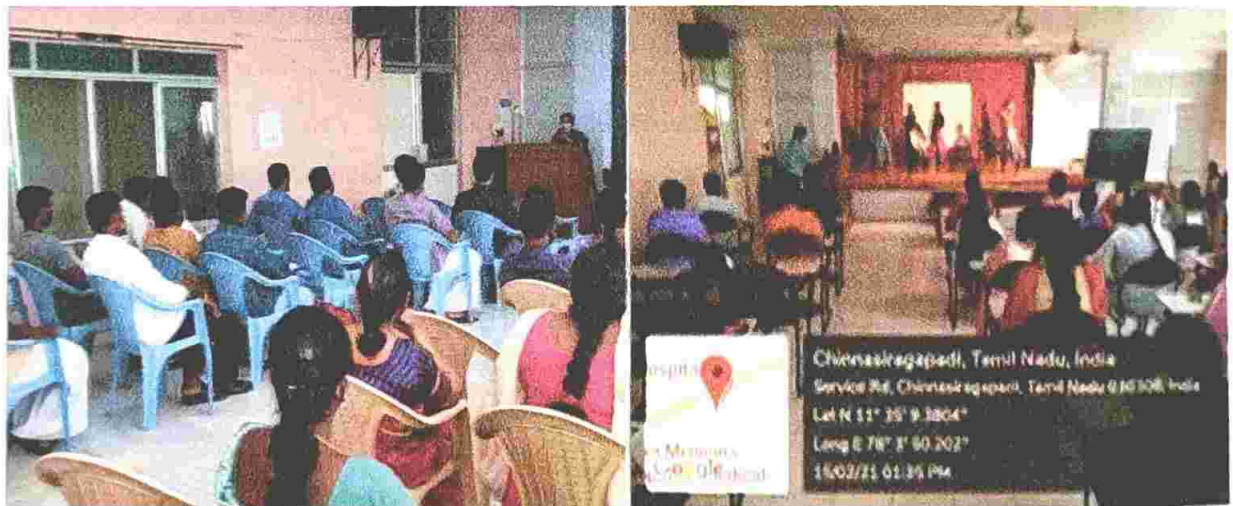
MIRROR OF VMACON REFLECTS.....

WORLD CANCER DAY- 2021.



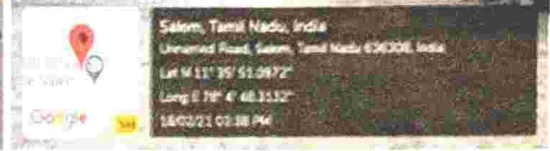
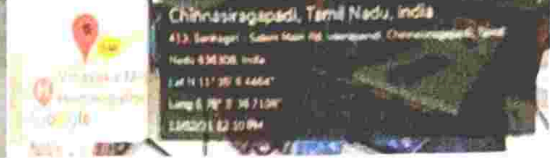
Department of Medical Surgical Nursing organized an awareness campaign through Video Show regarding Cancer and its preventive measures to the Public in lieu of World Cancer Day on 04.02.2021. Around 90 students participated in this programme.

Induction Ceremony – 2021 from 10.02.2021 to 18.02.2021.

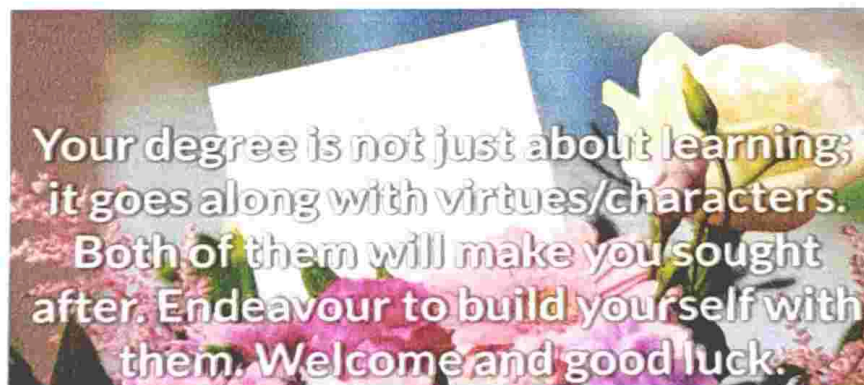


Various programs like interactive lecture sessions on Universal human values, trust, respect & harmony, Active learning on personality development, Motivation, Code of ethics, human rights, mentoring regarding peer pressure, environmental consciousness, prosperity in nursing was carried out. Extra-curricular activities like arts and literary work, dancing, volley ball, carom, chess, essay competition, poem writing, pot painting, role play was carried out. Freshers were made to have Alumni interaction and the experience of alumni members was shared to them.

MIRROR OF VMACON REFLECTS.....

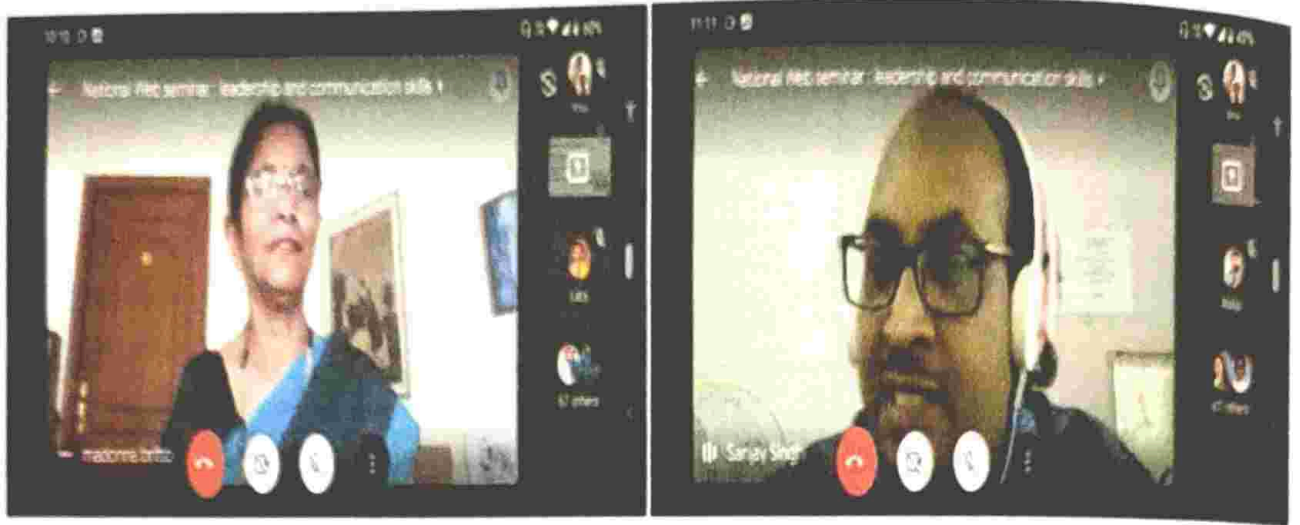


Our freshers Visited to VMKV medical college hospital and 1008 Lingam Sivalaya temple. They also participated in Creative art Painting, and played Chess during Induction ceremony.



MIRROR OF VMACON REFLECTS.....

National Web Seminar on Leadership and Communication Skill - 26.02.2021



Around 250 Nurses from various states of India attended the programme. They gained the leadership skills and understand the communication strategies to overcome the challenges in nursing practice.

INTERNATIONAL WOMEN'S DAY-2021



Speech and Flash Mob was Organized based on the theme "Women in leadership: Achieving an equal future in a COVID-19 world," by Obstetrics and Gynecological Nursing Department on 08.03.2021 on the eve of "International Women's Day".

MIRROR OF VMACON REFLECTS.....

FRESHERS' DAY CELEBRATION (08.03.2021)



VMACON, Salem, organized a Freshers day celebration for I- year B.Sc. (N) & DGNM students in the academic year 2020 - 2021. Programme was inaugurated by Prof.Dr.V.Selvanayaki, Ph.D. (N), Principal, VMACON, Salem and blessed the new comers with the presence of Dr.K.Maheswari, Vice Principal, Dr.R.Naganandini, SNA Advisor, Dr.S.Malathi, Professor and Dr.M.Sumathi, Associate Professor, VMACON, Salem. Freshers performed variety of events.

NATIONAL SAFE MOTHERHOOD DAY on 11.04.2021



Mime, Social Drama and Speech was organized by Obstetrics and Gynecological Nursing Department on 11.04.2021 on the eve of "National Safe Motherhood Day". The Chief Guest was Dr. Karthikeyan, M.B.B.S., Medical Officer, Urban Maternity Health Centre, Anathanapatti, Salem. More than 25 Antenatal mothers participated and got benefited.

VMACON ALUMNI ASSOCIATION NEWS LETTER 2020

MIRROR OF VMACON REFLECTS.....

WORLD HEALTH DAY CELEBRATION by Student nurses association- 07.04.2021



Awareness campaign on COVID-19 pandemic created by nursing students at home in lieu of World Health Day Celebration on 07.04.2021. Nursing volunteers have enlightened the importance of healthy food, physical activities, regular health check, COVID Vaccination, hand hygiene and wearing a mask with social distance during COVID 19 pandemic for their family members and neighbors at home. Around 50 nursing students of VMACON participated in this programme.

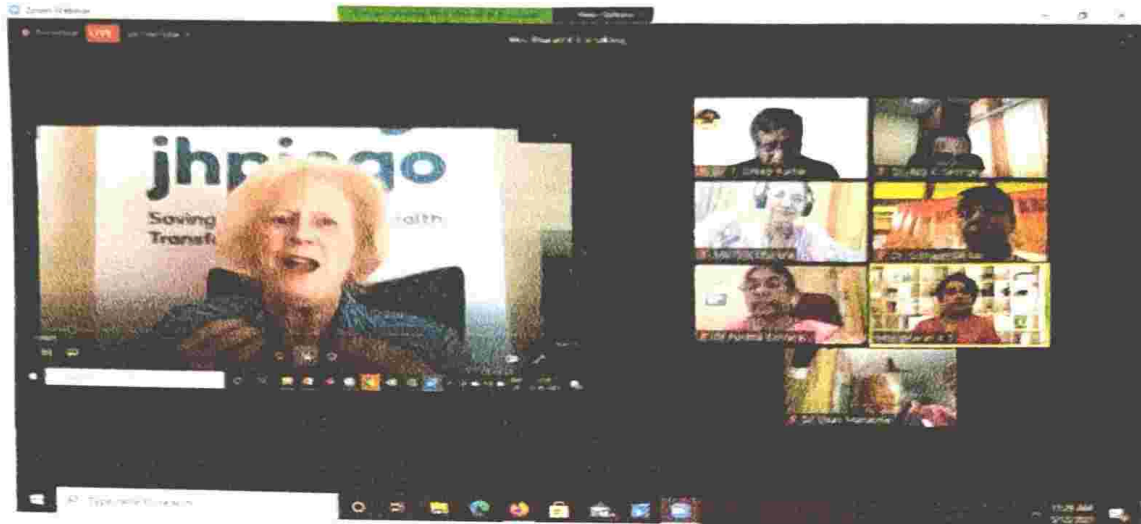
INTERNATIONAL MIDWIVES DAY- 05.05.2021



Monoact and Speech was organized by Obstetrics and Gynecological Nursing Department on 05.05.2021 in the lieu of International Midwives Day 2021. The Chief Guest was Dr.Keerthi, MBBS, Medical Officer, Urban Maternity Health Centre, Suramangalam, Salem. Nearly 25 members participated.

MIRROR OF VMACON REFLECTS.....

INTERNATIONAL NURSES DAY - 12th May 2021



Students Nurses Association organized an Essay writing competition in lieu of International Nurses Day celebration on 12.05.2021. Around 150 student volunteers participated in the competition from their home. All the faculty members attended the webinar organized by Indian Nursing Council, New Delhi based on the theme.

Workshop on Research Methodology from 17.05.2021 to 20.05.2021



Vinayaka Missions Annapoorana College of Nursing organized a workshop on "Research Methodology" (16 hours) from 17.05.2021 to 20.05.2021 through online mode. The workshop enriched regarding "Defining a research problem, Refining Research question, Formulating Objectives and Hypothesis, Selecting appropriate research designs, Sampling and Questionnaire Design, Steps in Protocol development and critical appraisal of journal article and biostatistics" by the various eminent speakers.

VMACON ALUMNI ASSOCIATION-NEWS LETTER 2020

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E Mail:
vmaconalumniassociation@gmail.com

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Send request to join in Whats app:



9443566769; 9043433402



PROUD TO BE AN ALUMNI OF VMACON

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